



ecoJudaism's

Tips for Tishri

Friends, Tishri is a time for introspection, not just of our relationship with God, but with all life on Earth. Here are some tips to have a planet friendly Tishri...



Rosh Hashanah

Give the planet a birthday present by buying a JTree at jtree.org.uk

Dip a UK grown apple in organic UK honey. Organic honey maintains biodiversity, supports healthy bees and is pesticide free. UK grown apples have a significantly lower carbon footprint than apples from abroad



Yom Kippur

Shuls; **provide water at the end of the fast in jugs** with paper or non-disposable cups instead of individual plastic bottles

Ask your supplier to **provide kids lunch sandwiches in large shallow card boxes with lids** rather than the plastic dome trays or individual plastic sandwich boxes. Paper sandwich boxes are also a good alternative

Sukkot



Reduce your plastic with a **'Lulav Bag for Life'**: bit.ly/EJbagforlife

Tinsel and plastic decorations can release toxic chemicals into the environment and increase plastic waste. Make your own decorations out of upcycled materials and send photos to sammy@ecoJudaism.org.uk. Hang decorations with natural twine instead of plastic ties

Avoid putting Simchat Torah kids treats into individual plastic bags, try paper sweet bags or passing treats around in baskets